

Spring and Summer Book List

7 Secrets of the Eucharist

Vinny Flynn

Pope John Paul II referred to the Holy Eucharist as "the greatest treasure of the Church," and yet even many devoted Catholics have a very limited understanding of this powerful sacrament. This book will change all that. The reader will come away with a completely new awareness that the Eucharist is not just about receiving Communion; it's about transforming your daily life.

Deeply based on the Scriptures, the writings of the Saints, and the teachings of our two most recent Popes, this profound and remarkably readable book will introduce you to some of the "hidden" truths of the Eucharist — truths that have always been embraced by theologians, saints, and mystics, but have rarely been passed on to the average person in a meaningful way. In *7 Secrets of the Eucharist*, these truths are finally made accessible to all, as author Vinny Flynn shows how each reception of Holy Communion can be a life-changing experience.

Jesus and the Jewish Roots of the Eucharist

Brant Pitre

Jesus and the Jewish Roots of the Eucharist shines fresh light on the Last Supper by looking at it through Jewish eyes. Using his in-depth knowledge of the Bible and ancient Judaism, Dr. Brant Pitre answers questions such as: What was the Passover like at the time of Jesus? What were the Jewish hopes for the Messiah? What was Jesus' purpose in instituting the Eucharist during the feast of Passover? And, most important of all, what did Jesus mean when he said, "This is my body... This is my blood"?

To answer these questions, Pitre explores ancient Jewish beliefs about the Passover of the Messiah, the miraculous Manna from heaven, and the mysterious Bread of the Presence. As he shows, these three keys—the Passover, the Manna, and the Bread of the Presence—have the power to unlock the original meaning of the Eucharistic words of Jesus. Along the way, Pitre also explains how Jesus united the Last Supper to his death on Good Friday and his Resurrection on Easter Sunday.

The Real Presence: What Does it Mean and Why Does it Matter?

Timothy P. O'Malley

Winner of a first-place award for popular presentation of the faith and second-place in pastoral ministry, catechetical resource from the Catholic Media Association.

Many Catholics don't believe that Jesus is *really* present in the Eucharist. Rather, they see the bread and wine of Holy Communion as mere symbols of Christ's body and blood. Is that disbelief just a misunderstanding or is it a blatant rejection of one of the central beliefs of the faith?

In *Real Presence*, University of Notre Dame theologian Timothy P. O'Malley clears up the confusion and shows you how to learn to love God and neighbor through a deeper understanding of the doctrine of real presence.

21 Ways to Worship: A Guide to Eucharistic Adoration

Vinny Flynn

Vinny Flynn, best-selling author of *7 Secrets of the Eucharist*, shares his favorite ways to pray in Eucharistic Adoration. Written in the author's personal, conversational style, complete with puns and other bits of humor, *21 Ways to Worship* is an easy to read, practical guide, jam-packed with inspiring ideas, techniques, and prayers to help you make the most of your time in Adoration.

This is My Body: A call to Eucharistic Revival

Bishop Robert Barron

A recent Pew Forum survey revealed the startling statistic that 69% of Catholics do not believe in the Real Presence of Christ in the Eucharist. For the majority of Catholics today, the Eucharist is merely a symbol of Christ, and the Mass is merely a collectivity of like-minded individuals gathering to remember his life.

This indicates a spiritual disaster, for the Eucharist is “the source and summit of the Christian life.” In response to this crisis, Bishop Robert Barron, then the Chair of the Committee on Evangelization and Catechesis for the United States Conference of Catholic Bishops, began working with his brother bishops on a solution. From these conversations, the National Eucharistic Revival was born.

This Is My Body: A Call to Eucharistic Revival is designed to accompany that revival. In this brief but illuminating text, Bishop Barron offers a threefold analysis of the Eucharist as sacred meal, sacrifice, and Real Presence, helping readers to understand the sacrament of Jesus’ Body and Blood more thoroughly so that they might fall in love with him more completely.

Discover the profound truth flowing out of Jesus’ words at the Last Supper: “Take, eat; this is my body. . . . Drink from it, all of you; for this is my blood of the covenant.”

Meditations Before Mass

Romano Guardini

In these pages written for the average Catholic in the pew by an internationally-acclaimed master of the spiritual life you'll learn how to pay closer attention during Mass and to pray better despite distractions or other obstacles to prayer.

Although he was an eminent theologian, Msgr. Guardini wrote for ordinary Catholics who are struggling to become closer to Christ. In fact, these pages originated as talks before Mass to help prepare worshippers for its celebration. Practical, straightforward, yet full of wisdom, *Meditations Before Mass* will help you to quiet your soul, concentrate your mind, and grow more receptive to grace.

Divine Love Made Flesh: The Holy Eucharist and the Sacrament of Charity

Raymond Cardinal Burke

In *Divine Love Made Flesh: The Holy Eucharist as the Sacrament of Charity*, His Eminence Raymond Leo Cardinal Burke examines the beauty and power of the Most Holy Sacrament of the Eucharist in light of the profound and elucidating teachings of Blessed Pope John Paul II and Pope Benedict XVI. Using clear and illuminating language, Cardinal Burke guides one through the teaching of the Church on this Most Holy Sacrament and its place in the life of every disciple of Jesus Christ. Truly inspiring, this spiritual treatise on the central Mystery of our Faith links the rich theology of the Church with pastoral practice and the spiritual life. To this end, Cardinal Burke's marvelous ability to reach the layman in simple yet inspiring language is sure to engender the love of the Eucharist in the hearts of all who read it.

St. Paul: A Biography

N.T. Wright

In this definitive biography, renowned Bible scholar, Anglican bishop, and bestselling author N. T. Wright offers a radical look at the apostle Paul, illuminating the humanity and remarkable achievements of this intellectual who invented Christian theology—transforming a faith and changing the world.

To Wright, "The problem is that Paul is central to any understanding of earliest Christianity, yet Paul was a Jew; for many generations Christians of all kinds have struggled to put this together." Wright contends that our knowledge of Paul and appreciation for his legacy cannot be complete without an understanding of his Jewish heritage. Giving us a thoughtful, in-depth exploration of the human and intellectual drama that shaped Paul, Wright provides greater clarity of the apostle's writings, thoughts, and ideas and helps us see them in a fresh, innovative way.

Paul is a compelling modern biography that reveals the apostle's greater role in Christian history—as an inventor of new paradigms for how we understand Jesus and what he accomplished—and celebrates his stature as one of the most effective and influential intellectuals in human history.

What St. Paul Really Said

N.T. Wright

In this book N. T. Wright provides a concise, authoritative account of the apostle Paul's contribution to the birth of Christianity. In exploring Paul's background and his teaching, Wright refutes the argument made by some scholars that it was Paul and not Jesus who founded Christianity. Rather, as Wright shows, Paul's gospel revolved around Jesus of Nazareth as Israel's Messiah and king, and Paul consistently pointed to the crucified and risen Jesus as the foundation of the church and Lord of all.

St. Thérèse of Lisieux
Fr. Didier-Marie Golay

Thérèse of Lisieux is one of the most popular modern saints in the world, but the details of her life and spirituality are still not widely known and are somewhat of a mystery even to her devoted followers.

With over 150 stunning photographs, in-depth text, and plentiful sidebars on history, geography, and themes, this gorgeous work helps us enter into the universe of "the greatest saint of modern times" to discover the simplicity, yet depth of her daily life and of her relationships, both human and spiritual.

It invites us to a personal encounter with Thérèse, who once wrote, "I am your sister, your friend; I will always watch over you." It invites us also to discover her appealing and rich spirituality of "the little way". Patroness of missions, Doctor of the Church, this Carmelite sister, who died at only twenty-four, has not ceased to surprise us and to spread her powerful message of love and trust across the world.

100 Holy Hours for Women
Mother Mary Raphael Lubowidzka

"Draw near to God, and he will draw near to you" (James 4:8). Christ waits for us, every day, in the Eucharist. But, in the chaos of our lives, we often find it difficult to draw near to him. Even when we make the time to be in his presence, we lose focus, become distracted, or grow impatient with ourselves. 100 Holy Hours for Women provides a solution with its collection of one hundred Eucharistic meditations, giving inspiration for directed, efficacious prayer before Our Lord in the Eucharist. Whether you are a mother, a single woman, or a consecrated religious, this spiritually uplifting work is a valuable resource for cultivating an intimate relationship with our Eucharistic Lord.

Originally written as a religious sister's guide for daily adoration, 100 Holy Hours for Women contains a plethora of profound spiritual insight into the mystery of the Eucharist. Each of the meditations focuses on a single verse from Scripture. The first part of the mediation explores the deeper implications of the verse, especially in light of the Eucharist. Then, the second half of the mediation takes the form of a personal examination and a prayer, with questions and exhortations to encourage the adorer to look at and cultivate her own spiritual life.

You Are Called to Greatness
Fr. Leo J. Trese

We are all called to be saints, yet many of us struggle to move beyond living as "average" Catholics who have settled into complacency. Here's the one book you need to break through to higher ground and attain holiness in your ordinary life. In these short, compelling chapters, Fr. Leo Trese brilliantly explains how we can manifest our faith, hope, and love for God in our everyday lives, and he shares concrete ways you can grow in zeal through simple actions.

You Are Called to Greatness offers valuable advice for parents on how to bring up emotionally healthy children to become saints, as well as how older Catholics can best serve our Lord in their

golden years. Fr. Trese offers the secret to forgiving others – both spiritually and practically – and he shows us how our fidelity to making small sacrifices can bring tremendous fruit.

No Greater Love

Mother Teresa & Thomas Moore

No Greater Love is the essential wisdom of Mother Teresa — the most accessible, intimate, and inspiring book of her teachings. Thematically arranged to present her revolutionary vision of Christianity in its graceful simplicity, the book features her thoughts on love, generosity, forgiveness, prayer, service, and what it means to be a Christian. A passionate testament to deep hope and abiding faith in God, No Greater Love celebrates the life and work of one of the world's most revered spiritual teachers.

Humility of Heart

Fr. Cajetan Mary da Bergamo

Our Lord said, "Learn of me, because I am meek, and humble of heart." (Matt 11:29) And also, "Amen, I say to you, unless you be converted and become as little children, you shall not enter into the kingdom of Heaven." (Matt 18:3) This classic study in humility describes the nature of that virtue typical of all Saints - the one virtue that underlies every other virtue and without which none of us will enter Heaven.

Strangers in a Strange Land: Living the Catholic Faith in a Post Christian World

Archbishop Charles J. Chaput

From the author of *Living the Catholic Faith* and *Render Unto Caesar* comes a fresh, urgent, and ultimately hopeful treatise on the state of Catholic life and Christian community in the United States.

America today is different *in kind*, not just in degree, from the past. And this new reality is unlikely to be reversed. The reasons include, but aren't limited to, the decline of a sustaining sense of family and community, the impact of new technologies and economic changes that widen the gulf between rich and poor, diminished religious belief among young people, significant demographic shifts, profound new patterns in sexual behavior and identity, the growth of federal power and its disregard for religious rights, and the growing isolation and elitism of our leadership classes.

But the author gives more than a penetrating diagnosis of the nation's problems. Archbishop Chaput offers a compelling reflection on the person of Jesus Christ, the nature of the Church, the urgency of radical faith, and the redemptive power of beauty – all in the spirit of Psalm 8 and the enduring words of Irenaeus: "The glory of God is man fully alive."

Saint Mary Magdalene: Prophetess of Eucharistic Love

Fr. Sean Davidson

Adoration is love, and eucharistic adoration is love of Christ present in the Blessed Sacrament. In the Gospels there are few people who understand love for Jesus as well as Mary Magdalene, which is the reason she is a prophetess of eucharistic love.

This work is an extended meditation on the life of Saint Mary Magdalene, known as the "Apostle to the Apostles" because the Risen Christ appeared to her first and then sent her to announce the Resurrection to the apostles. Based on the biblical texts traditionally associated with Mary Magdalene, this book helps readers to learn from her inspiring example and to enter more deeply into adoration of Jesus Christ truly present in the Blessed Sacrament.

In telling the story of Mary Magdalene's profound conversion after the Lord had to expel seven demons from her soul, this book shows how she is a shining witness to the transforming power of an encounter with Jesus Christ. Mary Magdalene is the perfect model for those who have experienced the redeeming love of Christ and who seek to deepen their devotion to him and to the Eucharist.

Jesus Our Eucharistic Love

Fr. Stephano M. Manelli, FI

A treasure of Eucharistic devotional writings and examples from the Saints showing their stirring Eucharistic love and devotion. Originally written in Italian, this latest edition is the most complete and accurate English translation. It is the most popular of the Academy of the Immaculate books. A valuable aid for reading meditatively before the Blessed Sacrament.

Jesus Calling: Devotions for Every Day of the Year

Sarah Young

Experience a deeper relationship with Jesus as you savor the presence of the One who understands you perfectly and loves you forever. With Scripture and personal reflections, *New York Times* bestselling author Sarah Young brings Jesus' message of peace—for today and every day.

Jesus Calling is your yearlong guide to living a more peaceful life.

Personal Prayer: A Guide for Receiving the Father's Love

Fr. Thomas Acklin, OSB &

Fr. Boniface Hicks, OSB

Prayer is at the heart of the Christian life. Given that we are weak and even sinful human beings, how can it be that God has anything to do with us? What does it mean to have a personal relationship with God? Why is God so silent and hidden? How do we grow in prayer?

Personal Prayer: A Guide for Receiving the Father's Love brings the depth of human experience together with the Catholic tradition of prayer to present the path to an intimate and vulnerable relationship with God.

Experienced spiritual directors Fr. Thomas Acklin, OSB, and Fr. Boniface Hicks, OSB, explore the many forms of Catholic prayer and demonstrate that vulnerability is essential to growing in relationship with God. Rich with the wisdom of Scripture, Catholic teaching, and the writings of the saints, *Personal Prayer* is an exhaustive guide for those desiring to receive the Father's love in a profoundly personal way.

Hail Holy Queen: The Mother of God in the Word of God

Scott Hahn

In *The Lamb's Supper*, Hahn explored the relationship between the Book of Revelation and the Roman Catholic Mass, deftly clarifying the most subtle of theological points with analogies and anecdotes from everyday life. In *Hail, Holy Queen*, he employs the same accessible, entertaining style to demonstrate Mary's essential role in Christianity's redemptive message.

Most Christians know that the life of Jesus is foreshadowed throughout the Old Testament. Through a close examination of the Bible, as well as the work of both Catholic and Protestant scholars and clergy, Hahn brings to light the small but significant details showing that just as Jesus is the "New Adam," so Mary is the "New Eve." He unveils the Marian mystery at the heart of the Book of Revelation and reveals how it is foretold in the very first pages of the Book of Genesis and in the story of King David's monarchy, which speaks of a privileged place for the mother of the king.

Building on these scriptural and historical foundations, Hahn presents a new look at the Marian doctrines: Her Immaculate Conception, Perpetual Virginity, Assumption, and Coronation. As he guides modern-day readers through passages filled with mysteries and poetry, Hahn helps them rediscover the ancient art and science of reading the Scriptures and gain a more profound understanding of their truthfulness and relevance to faith and the practice of religion in the contemporary world.